

राजस्थान - सरकार

निदेशालय चिकित्सा, स्वास्थ्य एवं परिवार-कल्याण सेवायें, राजस्थान जयपुर।

क्रमांक : राजपत्रित/सामान्य/2010/636

दिनांक 24/9/10

समस्त मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी,  
राजस्थान।

समस्त प्रमुख चिकित्सा अधिकारी,  
राजस्थान।

विषय :- Certificate Course in Health Promotion Through Distance Learning By NIHFWS Collaboration With Directorate

General of Health Services MoHFW Govt. of India के संबंध में  
सन्दर्भ :- निदेशक (आर.सी.एच.), मुख्यालय की अनौटिड क्रमांक एनआरएचएम/  
NIHFWS/प्रशिक्षण/10/शून्य दिनांक शून्य के सन्दर्भ में।

उपरोक्त विषयान्तर्गत सन्दर्भित पत्र मय संलग्न आपको इस पत्र के साथ संलग्न कर आवश्यक कार्यवाही हेतु प्रेषित है।

संलग्न : उपरोक्तानुसार।



अति० निदेशक (राजपत्रित)  
चिकित्सा एवं स्वास्थ्य सेवायें,  
राजस्थान जयपुर।

क्रमांक : राजपत्रित/सामान्य/2010/

दिनांक :

प्रतिलिपि निम्न को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित हैं :-

1. प्रभारी, कम्प्यूटर सर्वर रूम, मुख्यालय को भेजकर लेख हैं कि उक्त पत्र मय संलग्नकों को विभाग की वेबसाइट पर डलवाने की व्यवस्था करावें।
2. रक्षित पत्रावली।

अति० निदेशक (राजपत्रित)  
चिकित्सा एवं स्वास्थ्य सेवायें,  
राजस्थान जयपुर।

प्रो. देवीकी नन्दन  
डाक्टर होनोरिस ऑडेसा स्टेट मेडिकल युनिवर्सिटी  
एम.डी., एफ.ए.एम., एफ.आई.पी.एस.एम., एफ.आई.पी.एस.ए., एफ.आई.एस.सी.डी.  
Prof. Deoki Nandan  
Doctor Honoris Causa-Odesa State Medical University  
MD, FAMS, FIAPSM, FIPHA, FISC  
निदेशक/Director

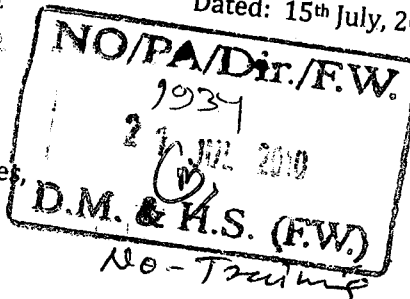


राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान  
National Institute of Health and Family Welfare

NO.NIHFV/E&T/H.Prom./2010  
Dated: 15<sup>th</sup> July, 2010

To

Shri Pritam B. Yashvant,  
Mission Director (NRHM) & Specialist Secretary,  
Room No. 301, Directorate of Medical Health Services,  
Swasthya Bhawan, Behind Secretariat,  
Jaipur-302 001, Rajasthan



Subject: Certificate Course in Health Promotion through Distance Learning by NIHFV in collaboration with Directorate General of Health Services, MoHFW, Govt. of India.

Dear Sir,

As you are aware that National Institute of Health and Family Welfare (NIHFV) is an apex institute under the Ministry of Health and Family Welfare, Government of India, working in the field of education, research and training activities pertaining to the health and family welfare in the country.

Given the burden of Non communicable diseases (NCDs), Health Promotion is becoming an important area for the control of NCDs. In this context, NIHFV is starting a one year Certificate course in Health Promotion through Distance Learning for the academic session 2010-2011 from 1st August 2010. A copy of the Brochure giving the details is enclosed and can also be downloaded from the website of NIHFV <[www.nihfw.org](http://www.nihfw.org)>.

We are inviting applications from the states for the health personnel responsible for Health Promotion in various cadres in the state. A letter by Director General Health Services is also attached for your reference.

The course has been approved by the Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India. We request you to nominate 10-20 candidates for enrolling to this course. The list of nominated candidates can be e-mailed at: <[director@nihfw.org](mailto:director@nihfw.org)>.

For clarifications, the following may be contacted:  
Director, NIHFV; Telephone (Office):011-2610057, (Fax-26101623); email:director@nihfw.org.

With regards

Yours sincerely,

  
(Deoki Nandan)

मुनीरका, नई दिल्ली-110 067/Munirka, New Delhi-110 067  
(कार्यालय)/Phones (Off.): +91-11-26714380 (Direct), 2610 0057 & 2618 5696, (Mobile) 099 711 04666, फ़ैक्स/Fax: 91-11-2610 1623  
Mail: director@nihfw.org & dnandan51@yahoo.com, वेब साईट/Web Site: www.nihfw.org, तार: स्वस्थ परिवार/Gram: SWASTH PARIVAR

PPG.6065  
20/5/10

## अनौपचारिक टिप्पणी

NO/PA/Dir./P. H./विषय:-

Certificate Course In Health Promotion Through Distance Learning  
By NIHFW Collaboration With Directorate General of Health  
Services MoHFW Govt. of India

5474

13 AUG 2010

D.M. & H.S. (P.H.)

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान नई दिल्ली के पत्र की छाया प्रति संलग्न  
कर लेख है कि NIHFW, New Delhi और महा निदेशालय स्वास्थ्य सेवायें राष्ट्रीय स्वास्थ्य एवं परिवार  
कल्याण मंत्रालय नई दिल्ली भारत सरकार ने संयुक्त रूप से एक वर्षीय Certificate Course In

Health Promotion Through Distance Learning का वर्ष 2010-2011 हेतु 10-20 व्यक्तियों के नाम

जो कि विशागीय / एमबीबीएस / बीडीएस / आयुष / पैरामेडिकल / बीफार्मा एवं बी.एस.सी नर्सिंग आदि  
का नोमिनेशन कर भिजवाया जाना है जिसका प्रोस्पेक्टस संलग्न है।

नोमिनेशन की सूचना सीधे ही राष्ट्रीय स्वा. एवं परिवार कल्याण संस्थान नई दिल्ली  
कार्यालय को भिजवाते हुए अधोहस्ताक्षरकर्ता को भी अवगत करावें।

निदेशक (आरसीएच)

1. निदेशक (जन स्वास्थ्य)

मुख्यालय

2. अति० निदेशक (प्रशा.)

मुख्यालय

क्रमांक एनआरएचएम/NIHFW/प्रशि./10/

दिनांक

0



सत्यमेव जयते

Dr. R.K. SRIVASTAVA  
M.S. (Ortho) D.N.B. (PMR)  
DIRECTOR GENERAL

To

Director Medical and Health Services  
All States/UTs

Subject: Certificate Course in Health Promotion through Distance Learning by NIHFV in collaboration  
with Directorate General of Health Services, MOHFW, Govt. of India

Dear Sir/ Madam

As you would agree that India is in state of Health transition and burden of non-communicable diseases such as cardiovascular diseases, diabetes, strokes etc. is increasing at an alarming rate. These diseases are related to the lifestyles and can be prevented with life style modifications by providing knowledge and information. This calls for an urgent need to enhance the capacity of the health system and health personnel in aspects related to health promotion. National Institute of Health and Family Welfare is launching a Certificate Course in Health Promotion from 1<sup>st</sup> August, 2010, in collaboration with Directorate General of Health Services, Ministry of Health and Family welfare, Govt. of India. The details of the course are given in the enclosed brochure.

It is envisaged that the officers undertaking this certificate course would serve as valuable resource for various National health Programmes especially the non-communicable disease health programmes. The course will enable them to use the effective Health promotional strategies, which will not only result in healthy population by reducing the burden of diseases but also be economically beneficial by reducing the cost involved in treatment of preventable diseases.

You are requested to sponsor 10 to 20 candidates (both medical and paramedical) from your state to enroll for this course. We are hopeful that this course would enhance the capacity of various cadres of your state for health promotional activities. We look forward to your cooperation and support.

With best regards,

Yours sincerely,

(Dr. R.K. Srivastava)

Copy to

1. All State/UT Secretaries of Health
2. All State/UT Mission Directors

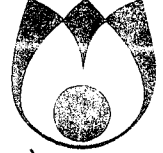
भारत सरकार  
स्वास्थ्य सेवा महानिदेशालय  
निर्माण भवन, नई दिल्ली-110 011  
GOVERNMENT OF INDIA  
DIRECTORATE GENERAL OF HEALTH SERVICES  
NIRMAN BHAVAN, NEW DELHI-110 011  
TEL. NO. : 91-11-23061438, 23061063  
FAX NO. : 91-11-23061924  
E-mail : dghs@nic.in  
F. No. T21015/69/2010 - NCD

Date. 22-6-20



सत्यमेव जयते

Government of India



आरोग्यम् सुखसम्पदा  
NIHFW

*One Year  
Certificate Course in  
Health Promotion  
through  
Distance Learning*

**Prospectus**



**National Institute of Health and Family Welfare  
Munirka, New Delhi, India**

**In Collaboration with  
Directorate General of Health Services  
Ministry of Health and Family Welfare, Govt. of India**



NIHF  
NIHF

## Certificate Course in Health Promotion



Government of India

### One Year Certificate Course on Health Promotion through Distance Learning

(Approved by Directorate General of Health Services, Ministry of Health and Family Welfare,  
Government of India)

**Coordinating Team: Dr. R.K. Srivastava**  
**Director General Health Services**  
**Directorate General of Health Services**  
**Ministry of Health and Family Welfare**  
**Government of India**

**Prof. Deoki Nandan**  
**Director, National Institute of Health and Family Welfare**  
**New Delhi**

## 1.0 INTRODUCTION AND RATIONALE

### About the Institute

The National Institute of Health and Family Welfare (NIHF) is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country. NIHF serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc. The thrust areas of the Institute include health and related policies, public health management and others.

Various educational activities form the core of NIHF. MD in Community Health Administration and Diploma in Health Administration offered in affiliation with University of Delhi is one of the most prestigious courses. The Post Graduate Diploma in Health Management started in year 2008-09 in collaboration with MOHFW has gained popularity nationwide.

Two certificate courses through Distance Learning: 'Certificate Course in Health and Family Welfare Management' and 'Certificate Course in Hospital Management' enjoy great reputation. The Institute is planning to launch new courses through distance learning in the academic year 2010-11 and 'Certificate Course in Health Promotion' is one of these.



## Certificate Course in Health Promotion



### About the Certificate Course

The independent India has embarked on an ambitious plan to improve the health of its countrymen. During the last five decades, the nation has made an unprecedented progress in the health sector and health indicators. At the same time, a lot needs to be achieved towards controlling the communicable diseases, reducing infant mortality, maternal mortality and to raise the nutritional status of children and women. Further, the emerging challenge related to the lifestyle diseases/non-communicable diseases, requires the strategies different from the conventional communicable diseases. This challenge can be addressed through strong health promotional interventions in order to bring sustained change in the behaviour of the community in respect of risk factors.

The lifestyle diseases have a strong association with the way people live their lives. Such diseases have defied the conventional public health measures like environmental sanitation, immunization, vector control and many others. Health promotion strategies have been effective in prevention and control of these diseases as evident from the statistics from the developed countries. Government of India, in the Framework of Implementation of NRHM has identified action for preventive and promotive health care as a key priority area. Some of the constraints realized in this area as per this framework are:

- Poor emphasis on locally and culturally appropriate health communication efforts.
- No community action and household surveys.
- No action on promoting healthy lifestyle whether it be fighting alcoholism or promoting tobacco control or promoting positive actions like sports, yoga etc.
- Weak school health programmes.
- Absence of health counseling/ early detection.
- Compartmentalized IEC of every scheme.

Health promotion is the process of enabling people to increase control over the determinants of health and thereby improve their health. It represents a comprehensive social and political process, it not only embraces actions directed at strengthening the skills and



## *Certificate Course in Health Promotion*



Government of India

capabilities of individuals, but also action directed towards changing social, environmental and economic conditions so as to alleviate their impact on public and individual health.

Health education has been an integral component of the National Health Programmes. However, the objective of health promotion activities is to go beyond sharing knowledge to developing skills and bringing about change in attitudes and bringing healthy practices in the community. As a first step, it is essential to communicate the latest and most accurate knowledge and information to the frontline health professionals and public at large.

Therefore, in order to build the capacity of frontline professionals in health promotion, the National Institute of Health and Family Welfare (NIHFW) is launching the one year **Certificate Course in Health Promotion** through distance learning in collaboration with Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India. The aim of this course is to build the capacity of medical, paramedical, school teachers, counsellors and other stakeholders concerned with the health of the society across the sectors in aspects related to health promotion.

As health promotion is a technical process of providing information and/or education to individuals, families, and communities to make positive contribution to their health status, participation of all sectors like Panchayati Raj Institutions, Health, Education, Public Works Department, Ministry of Women and Child Development, etc. and also of youth groups, women groups, NGOs, corporate sectors and community is essential to sustain health promotion action.

This certificate course would enhance the capacity of health personnel including medical officers, nurses, community health workers, practitioners of alternative systems of medicine, teachers, counsellors and other stakeholders to focus on delivering services related to preventive and promotive aspects. The trained personnel in health promotion would greatly help in reducing the double burden of communicable and non-communicable diseases in India.





भारत सरकार  
NIHFW

## Certificate Course in Health Promotion



Government of India

This certificate course will enable the personnel engaged in different settings such as schools, colleges, NGOs and other institutions to understand the importance of health promotion in prevention and control of diseases and impart skills necessary for health promotion. The course will build the capacity of personnel in various cadres towards management of lifestyles including diet, physical activity, stress, abuse of tobacco and alcohol towards achieving healthy approach to life.

Thus, the professionals already engaged in public and private sectors would get an opportunity to develop specialization in the field of health promotion and thereby may get benefit in their future endeavours.

### 2.0 PROGRAMME DETAILS

#### 2.1 Objectives

The general objectives of the course are:

- a. To understand the concept of health promotion;
- b. To understand the basics of health and disease in a holistic manner;
- c. To enumerate the role of social determinants of health and other sectors;
- d. To be able to mainstream health promotion in the National Health Programmes (NHP) and National Rural Health Mission (NRHM);
- e. To critically evaluate the policy context of health promotion and the effective use of resources in different settings;
- f. To design strategies for health promotion in different settings;
- g. To be able to analyze and interpret available data at district, state and national level for health promotion; and
- h. To be able to plan, monitor and evaluate the health promotion programmes.

#### 2.2 Nature of Participants

Personnel working in the public and private sectors related to health.

#### 2.3 Eligibility Criteria

Graduate in any Medical (MBBS/BDS/Bachelor of AYUSH), Paramedical (B.Pharm, B.Sc. Nursing, B.PT/B.OT etc.), Science and Behavioural Sciences.



## Certificate Course in Health Promotion



Knowledge of working on computers (MS-Word, power-point, e-mails and use of internet) is desirable.

### 2.4 Batch Size

500 (approximately) for one academic session.

### 2.5. Medium of Teaching-learning

The medium of interaction will be **English** language.

## 3.0 COURSE DETAILS

### 3.1 Course Duration

The certificate course is of one year duration. Any candidate, who cannot appear or qualify in the first attempt, can appear in the subsequent examinations. However, a candidate must qualify within 4 years from his enrolment; otherwise he/she will have to re-enroll himself/herself as a fresh candidate with resubmission of fees.

### 3.2 Course Structure

- Modules I-X and a Practical Module
- Project work: To develop a protocol for the project work for implementation on "Identification of a National Health Programme in the district and planning for a health promotion strategies/ programme".
- Contact programme
- Assignments
- Examination for evaluation

### 3.3 Methodology

The certificate course has been designed by using self-learning principle and learning by doing approach. The learning would be through self-study of the modules, assignments, case studies, and contact programme.

There are total ten basic modules and one practical module. To facilitate learning, each chapter in the module, has been provided with specified learning objectives in the beginning. Detailed framework and concepts have also been given for the better understanding. The summing up and self-assessment exercises have been given at the end of the chapter for quick assessment by the learner.

Case studies have also been included at relevant points so as to relate the concepts with real situations.

The exercises have been developed so that the learners can apply the knowledge into work place settings. These have been compiled into a practical module to facilitate learning and implementation of the concepts.

Development of project based on field level exercise is one of the major component of the course. The project work will be supported by duly identified mentors by NIHFW.

#### **4.0 CONTACT PROGRAMME: ONE (FOR TEN DAYS)**

One contact programme would be held during the course period. **It is mandatory for all students to attend the contact programme for ten days.**

During the contact programme, the candidate is expected to bring out important points, clarifications and queries related to the course. This will make the contact programme more useful, effective and candidates can facilitate their self-learning. Candidates should check their progress while they study the learning materials.

#### **5.0 ASSIGNMENTS**

Students are required to write down **two assignments**. The assignment question papers will be sent to the students along with the study materials. All the assignments should be **Hand written on A4 size paper (8.27 inch x 11.69 inch)** and be precise and illustrated with diagrams and specific examples based on practical experience. Assignments should not be bunched together, each assignment should be sent separately. No photocopy of any printed or any other materials (other than citing examples) will be accepted.

**No assignment will be accepted after the last date fixed for the purpose. Candidate will not be allowed to take the final examination unless the requirements related to the**



submission of all the assignments, project report and participation in contact programme have been met with by stipulated dates at the following Address:

**Health Promotion Unit,**  
Distance Learning Cell, Room No.417,  
National Institute of Health and Family Welfare,  
Baba Gangnath Marg, Munirka  
New Delhi-110 067

Each assignment should be submitted by Registered Post along with a self-addressed post card for acknowledgement. **No assignment will be accepted via electronic mail or fax.**

## **6.0 EVALUATION**

### **6.1 Indicators for Evaluation**

**Certification** will be awarded by Jointly by Directorate General of Health Services, Ministry of Health and Family Welfare, Government of India and NIHFW, on successful completion of examination.

**A. Evaluation of the Students:** The evaluation of the students will be done through continuous and comprehensive evaluation. The evaluation would be of two types: Formative and Summative.

The formative evaluation would include:

- i. Participation in contact classes
- ii. Short/essay type assignments
- iii. Project work
- iv. Theory examination
- v. Viva-voce

Summative evaluation would include consolidation of marks gained on all activities during the course.

### **6.2 Scheme of Evaluation**

**A. Theory Examinations 2 hours each ( Total- 300 Marks)**

- i. Paper-I ( Modules 1-3) (100 marks)
- ii. Paper-II ( Modules 4-6) (100 marks)
- iii. Paper-III ( Modules 7-10) (100 marks)

**B. Internal Assessment (150 Marks)**

- i. Project work (50 marks)



- ii. Assignments (80 marks)
- iii. Participation in contact programme (20 marks)

**C. Viva-voce (50 Marks)**

**Grand Total of A+ B+ C= 500 marks**

**A candidate must obtain 50% marks in aggregate in theory, 40% marks in aggregate in viva and 50% marks in aggregate in internal assessment, with overall aggregate of 50% in grand total.**

**Note:**

- Any candidate caught using unfair means during exams will be debarred from appearing in the exam for a period of one year.
- Any request to appear for final exams after the said duration of 4 years of the course, would not be entertained.

**7.0 COURSE OUTLINE**

**MODULES - I to X**

**Module I: Basics of Health Promotion and Health**

- a. What is Health Promotion, Foundations of Health Promotion
- b. Social Determinants of Health Promotion
- c. Health Promotion Need Assessment
- d. Supportive Environment for Health

**Module-II: Reduction of Risk Factors**

- a. Promotion of Healthy Life-styles through physical activity, diet, stress management, avoiding tobacco and alcohol.
- b. Promotion of personal hygiene, treatment seeking behaviour, treatment compliance and reducing stigma.

**Module III: Planning, Designing, Monitoring and Evaluation in Health Promotion**

- a. Planning and designing Health Promotion Programmes
- b. Indicators for Health Promotion Monitoring
- c. Methodology of monitoring and evaluation
- d. Monitoring and Evaluation of Health Promotion strategies



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*Certificate Course in Health Promotion*



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**Module IV: Health Promotion and National Health Programmes**

- a. NRHM, National Health Programmes, (NTCP, NCCP, NVBDCP, NPDCS, RNTCP, Mental Health and Others)
- b. School Health Programmes
- c. Prevention of road side injuries

**Module V: Epidemiology, Health Statistics and Health Management Information Systems**

- a. Application of Epidemiological Principles for Public Health Action
- b. Health Statistics: CRS/ NFHS/DLHS/ SRS (Analysis and interpretation of data related to health promotion) – vital statistics related to birth and death
- c. Use of HMIS and information technology

**Module VI: Health Promotion in different settings**

- a. Group based Approach (Adolescents, women, youth and elderly )
- b. Setting based (urban/rural, school, industry set up and community groups)
- c. Health promotion at health facility level (sub-centre level PHC level and DH level)
- d. Health Promotion in emergency and disaster

**Module VII: Information, Education and Communication strategies for Health Promotion**

- a. Community Empowerment and Mobilization
- b. Participatory Approaches in health promotion
  - Personal and Social Development by Providing Information & Education through different Modes of Communication
  - Inter-personal communication
  - Counseling
  - Peer education concept
  - Awareness Building
  - Promoting Social Responsibility for Health Promotion
  - Increasing Community Capacity and Empowering the Individual through Health Education and Communication
- c. Role of AYUSH in Health promotion



**Module VIII: Advocacy in Health Promotion**

- a. Advocacy for Healthy Public Policy
- b. Resource mobilization for Health promotion networking and sharing of experiences
- c. Social marketing of ideas and products

**Module IX: Partnership in Health Promotion**

- a. Role of Partnership and Inter- sectoral Action in Health Promotion
- b. How to build Inter-sectoral Collaboration - Different Government Bodies (Finance, Education, Agriculture, Environment, Housing)
- c. How to build Partnership with other Social and Economic Sectors - NGO/ Local Authorities/ Industry (Corporate Social Responsibility Programs, Health at Workplace).
- d. Partnership with Media Organizations

**Module X Capacity Building for Health Promotion**

- a. Capacity Building for Strategic Relationship Across Sectors
- b. Capacity Building for Sustained Financing
- c. Build Leadership Capacity
- d. Strengthening Functional Capacity

**Practical Module XI**

**8.0 BEST STUDENT AWARD**

One student, who obtains the highest marks, will be awarded a medal and Certificate on **9th March (the Annual Day of the Institute)** of the following year.



## 9.0 FEE STRUCTURE

**Course fee:** Rs.10,000/- Only

**Prospectus:** Rs. 200/- only (Obtained through payment of **Demand Draft** only drawn in favour of **Director, NIHFW, payable at New Delhi**)

Course fee of **Rs.10,000/-** (which includes examination fee of **Rs.500/-**) through Demand Draft drawn in favour of **Director, NIHFW, payable at New Delhi** has to be paid along with the application form.

The Prospectus and application form can be down loaded from the website of the Institute ([www.nihfw.org](http://www.nihfw.org)). In such cases application form should be accompanied by a demand draft for Rs.10,200/- (Rs.10,000/- Course fee and Rs.200/- being cost of the prospectus).

Once the application is accepted in this office for admission to the said course, withdrawal of the same will not be allowed in any case and fee in such cases will not be refunded under any circumstances.

The fee will be refunded to only those Candidates who are not selected as per criteria fixed.

For those candidates who do not complete the course in the first year, the examination fee of Rs.500/- will have to be paid separately for appearing in the examination in subsequent year(s).

**Duplicate Certificate** for the successful candidates may be issued only on the written request from the candidate citing proper reason for it. A fee of **Rs.500/- (Five hundred only)** will be charged for this purpose.

## 9.0 IMPORTANT DATES OF THE YEAR

Last date for receiving completed application form	31 <sup>st</sup> August 2010
Contact Programme	May 2011
Submission of Project Report	June 2011
Final Examination	July/August, 2011





*Certificate Course in Health Promotion*



**10.0 HOW TO APPLY**

- a. A candidate seeking admission in the Distance Learning Course in Health Promotion is required to send his/her application on the prescribed form given at the end of prospectus.
- b. Following enclosures are to be attached with the application proforma:
  1. Demand Draft
  2. Copies of degrees/certificate.
- c. Incomplete application in any respect is likely to be rejected.

**11.0 SELECTION**

Selections will be made by a selection committee of NIHFW and the selected candidates will be informed accordingly. The decision of the selection committee shall be final and binding. No correspondence in this regard shall be entertained.

The application form duly completed in the clear handwriting of the candidate along with the course fee should be sent to:

**Health Promotion Unit,  
Distance Learning Cell, Room No.417,  
National Institute of Health and Family Welfare,  
Baba Gangnath Marg, Munirka, New Delhi-110 067  
on or before 31<sup>st</sup> August, 2010.**



शुभं कुरुते  
NIHFW

**Certificate Course in Health Promotion**



Government of India

**Coordinating Team**

**Dr. R.K. Srivastava,  
Director General Health Services  
Directorate General of Health Services  
Nirman Bhawan  
New Delhi**

**&**

**Prof. Deoki Nandan,  
Director  
National Institute of Health and Family Welfare  
New Delhi**

**All correspondence may be mailed to:**

**Health Promotion Unit  
Distance Learning Cell  
National Institute of Health and Family Welfare (NIHFW),  
Baba Gangnath Marg, Munirka, New Delhi-110067**

**Phone Direct: +91-11-26183416**

**Phone EPABX: +91-11-26165959, +91-11-26105743, Ext. 313, 239, 152**

**Fax: 91-11-26183416**

**Email: [director@nihfw.org](mailto:director@nihfw.org), [dean@nihfw.org](mailto:dean@nihfw.org) & [dlc@nihfw.org](mailto:dlc@nihfw.org)**

**Website: [www.nihfw.org](http://www.nihfw.org)**



8. Mailing Address

District:  
State:  
Pin Code:

Grid for Mailing Address details

9. Telephone No.

Residential  
Official  
Mobile

Grid for Telephone Numbers

10. E- Mail ID

Grid for E-Mail ID with @ symbol

11. Nationality

Grid for Nationality

12. Whether belongs to SC/ST/OBC/PH:

Yes     
No

13. Examination Passed:  
Enter Code No. (for Col.

- 1. M.B.B.S.(Internship completed)
- 2. EDS
- 3. B.Sc. Nursing
- 4. Bachelor of AYUSH etc.
- 5. M Pharma
- 6. B Pharma
- 7. D Pharma
- 8. General Nursing & Midwifery
- 9. Physiotherapy
- 10. Graduate in Science
- 11. Behavioral Science
- 12. Management
- 13. Commerce
- 14. Accounts

Examination Passed	Subject / Discipline	Board / University & College	Year	Division
H.Sc. /10+2				

Code

14. Total experience of working (in years)

Years

15. Kindly enclose the experience certificates (present/past) and all the attested copies of testimonials mentioned in the application form, duly signed by Competent Authorities.

Service Record (starting from present employment)

Designation	Organization/Institution	From	To
1.			
2.			
3.			

16. From where did you get To know about this course?

Sponsored by State Government/Government of India  News paper  Institutional website  Journals  Others

Declaration by the Applicant

I declare that the particulars given above are all correct to the best of my knowledge and belief. I will, on admission, adhere to the rules and discipline of NIIFW, Delhi.

Name

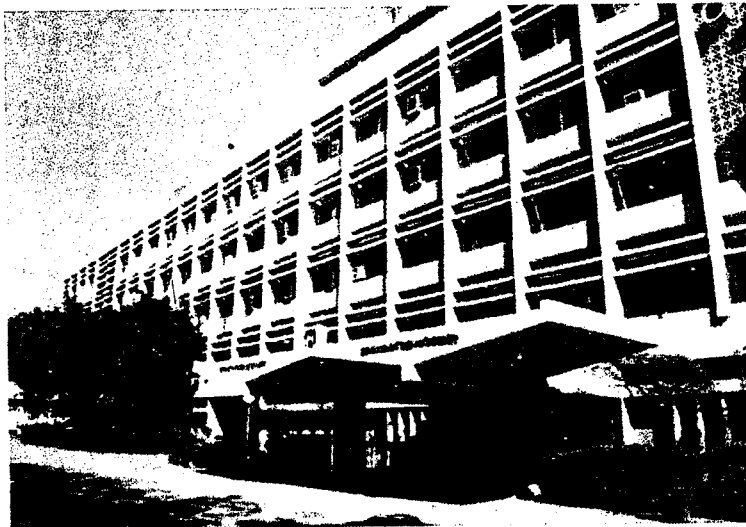
Signature

Date

(2)

*Subir - ON*

- |             |   |
|-------------|---|
| Module I :  | Basics of Health Promotion and Health                                     |
| Module II:  | Reduction of Risk Factors   |
| Module III: | Planning, Designing, Monitoring and Evaluation in Health Promotion        |
| Module IV:  | Health Promotion and National Health Programmes                           |
| Module V:   | Epidemiology, Health Statistics and Health Management Information Systems |
| Module VI   | Health Promotion in Different Settings                                    |
| Module VII: | Information, Education and Communication Strategies for Health Promotion  |
| Module VIII | Advocacy in Health Promotion  |
| Module IX   | Partnership in Health Promotion   |
| Module X    | Capacity Building for Health Promotion                                    |







(2)

*Suburong - ON*

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|-------------|---|
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